**Equine CBD Pellets**

1. **Do horses have an endocannabinoid system?**

Yes, they do. The receptors within their brain interact with CBD to improve health, much like humans. It’s similar to fortifying their diets with vitamins and minerals. Horses with a wide range of issues can benefit from hemp.

1. **Why do we choose pellets?**

In simple terms, pellets are similar to a super-food for horses because they add natural ingredients and antioxidants that can enhance the effects of healing and relief. Bene Hemp Horse Pellets are exactly what your equine needs for a higher quality of life.

1. **Common areas where equine hemp pellets show results:**

* Stall Rest/Pent Up restlessness
* Breeding strategies
* Age-related problems
* Appetite issues

1. **Are Hemp CBD addictive?**

No, it’s non-addictive. If anecdotes are anything to go by, horses tend to either need less conventional medications or none at all after a relatively short time with no widely recognized side effects.

1. **The core benefits of hemp CBD:**

* Hemp CBD is non-psychoactive
* Safe for use
* Typically, not needed on a continuous basis

1. **Is it safe to abruptly discontinue?**

Horses which have used the compound in either isolate form or in more full-spectrum extracts experienced little to no negative side effects when they stopped abruptly.

1. **What is the initial process?**

When beginning CBD, the best way is to begin with the smallest dose possible and gradually increase the dosage. For some horses, results are seen with one scoop while others may need up to five scoops per serving. Improvement can be seen immediately for most conditions.

1. **Should we pay attention to body size?**

The right dose of CBD varies from animal to animal. Larger animals get better results from a higher dose of CBD while smaller animals may see results with a lower dose.

1. **Where does your hemp come from?**

As of 2019, about 70% of our industrial hemp is sourced from our own farm in Central Oregon. All of our full-spectrum products and the majority of our isolate products are made using our own hemp.

The remaining supplemental hemp is all of top quality, sourced from trusted growers on Oregon farms. We ensure all source material comes from farms which adhere to the stout certification process of the Oregon Department of Agriculture (ODA) Hemp Research Pilot Program.

1. **Attributes**

Concentration: 25-30 mg phytocannabinoids in 2 level Teaspoons (10 cc)

Approved Terminology: “Manufactured in the USA”

Microbial Analysis

* Total Ae robic Count < 2,000 cfu/g
* Total yeast and mold < 200 cfu/g E.
* Coli = Negative
* Salmonella = Negative

Contaminant Analysis

* Heavy Metals: Not Detected (ND)\*\*

1. **What Are CBD Pellets?**

In simple terms, these are regular horse feed grains infused with hemp extract. The addition of phytocannabinoids help the horses digest the hemp extract along with the other solid particles in a pellet.

1. **What types of pets can use CBD pellets?**

The answer is that it can be used by a wide range of animals. From horses, donkeys, mules to goats, sheep, swine and poultry. It can also be consumed by caged birds, rabbits, and other kinds of pets.

1. **Why should one use these types of pellets for horses?**

On occasion, horses need a little assistance in maintaining optimal health. It has been discovered by some owners that CBD helps horses live a good life. Like humans and dogs, even horses have an endocannabinoid system (ECS). Terpenes and cannabinoids within CBD pellets interact with the ECS to possibly help a healthy system for a horse.

1. **Why choose CBD over traditional options?**

To begin with, it is more affordable than the conventional options. For owners who are budget-conscious, CBD remedies are far more cost-effective compared to expensive supplements.

1. **Will drug testing be a problem for equestrian events?**

Bene has created 0.0% THC hemp products. Animals will not show a positive THC result on drug tests when using Bene PCR hemp products.

1. **How much will my horse need?**

Our recommendation is to start small. Begin with ⅓ of their suggested dose once a day and slowly increase their dose until you find the appropriate amount. This dose can be given twice a day with an interval of 6-8 hours between doses - three times a day for more serious medical conditions is sometimes needed.

1. **What are the dosage levels for different breeds of horses?**

One leveled tablespoon of pellets contains 25mg PCR, while one level teaspoon contains around 9-10mg.

To find out how much you should give, you will need to find out the animal’s weight based on their general breed type.

* Miniature (<350lbs) = 10 mg
* Pony (<900lbs) = 20 mg
* Horse (<1500lbs) = 50 mg
* XL/Draft (>1500lbs) = 65 mg

1. **Are there any side effects of CBD?**

Having taken direct responses from horse owners, hemp-derived CBD seems to stimulate the horse’s ECS in the same way it does a human’s. It is well tolerated, without any euphoric or adverse effects.

**CBD Pet Pellets**

1. **What types of pets come into this category?**

Any pocket pets

Birds

Rabbits

Squirrels

1. **Before or after meal?**

Can easily be administered as pellets with their meals.

1. **What are the minerals found in this?**

Contains 20% plant protein

30% insoluble fiber

50% complex carbohydrates.

1. **Major attributes?**

* Sterilized
* Sieved
* Blended for safety
* Efficacy
* Consistency

1. **Key ingredients**

Organically grown hemp extracted CBD Oil, Myco Curb®, Apple Ade (pressed apple juice), Hemp Meal.

1. **Dosage and directions**

Rabbits: Take 1/4 level teaspoons (1.25 cc) daily as needed.

Birds & Pocket Pets: Take 1/8 level teaspoon (0.62 cc) as needed.

4.5 inches of the hemp pellet material in length is about 1 gram and nearly 1 cc containing about 6.8 mg of CBD.

The pellets maybe broken into smaller pieces for a lower dose.

Always start with the smallest possible dose, a piece about 1 inches or 0.5 inches of the hemp pellet material in length for your pocket pet, bird or rabbit. You may increase the dosage by adding an additional amount with time.

1. **What if my pet has a medical condition?**

Always consult a licensed veterinarian before using if your pet has any medical concerns.

1. **Where do you source your hemp from?**

We use 100% U.S. grown hemp extracts in our dietary supplement manufacturing.

1. **What type of extraction method do you employ?**

We use ethanol/alcohol to extract our hemp. We also employ low-temperature and relatively low-pressure CO2 extractions for some of our products.

1. **Why pellets instead of treats?**

Treats are more geared to dogs and cats palates, not rabbits or similar small pets.

Therefore, we have developed a new way to administer CBD to these small pets. It is pure CBD Hemp Pellets. If you give your small pocket pet bene CBD pet pellets, you are going to see a difference in your little friend depending on their issues.

1. **Are there any side effects?**

You cannot get your pet ‘high’ from CBD. It is THC free. There are no side effects from them eating these. A small rabbit, rat or mouse would only need a tiny pellet. It is not considered a ‘meal’ or ‘food’ but a supplement like a vitamin.

1. **How can this help small pets?**

Small pets tend to get more anxious. Hemp pellets help them reduce anxiety, stress, and inflammation. It also helps them maintain healthy skin, coat and overall wellness.

1. **Is this safe?**

All Bene products are tested by an independent, third party laboratory for yeast, mold, E.Coli, salmonella, heavy metals, including lead, arsenic, and residual solvents. They are Non-GMO, Vet formulated, organically grown and full spectrum.

1. **What is the purpose of Myco Curb®?**

Myco Curb® is a well-established practice for preserving feed and grains from mold contamination. Stabilization of the feed and grains with Myco CURB™ secures the optimal nutritive value in the feed materials and achieve long-term feedstuff storage stability.

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**CBD Dog Chews**

1. **Why are chews the best option for dogs?**

Our veterinarian-formulated canine soft chews provide a broad spectrum profile of synergistic compounds, naturally present in our zero-THC hemp oil. Each soft chew is flavored, easy to digest and also provides protein, fiber, and amino acids.

1. **In which ways do dog chews help dogs?**

Some dogs are aggressive and show signs of anxiety, depression and social separation. Dog chews help in placating the minds and reduce such factors.

1. **Why choose dog treats?**

Treats help reinforce the special bond between you and your dog and are a good way to reinforce positive behavior. Treats are also a definite help during training.

1. **Dog chews vs. drops?**

Some pet owners prefer giving treats over giving drops simply because they are easier to administer to their pets. Another good reason to give pets treats instead of oil, is because it is easier to ensure that you are giving the right amount of CBD to your pet. Struggling with droppers can often be difficult.

1. **Flavors and main attributes**

The treats are made with the highest quality hemp derived oil CBD for assisting pet owners in treating their pet’s anxiety disorders. The treats are formulated with all-natural ingredients such as beef Powder, Natural Bacon Flavor, Organic Sweet Potato Powder. 0% THC and always free from grains.

1. **Key features of CBD dog chews**

* Reduces Anxiety
* Boost Appetite
* THC free
* Gluten free
* Wheat free
* Non-GMO
* No artificial sweetener added
* Low sodium.
* Stops that itch

1. **Key ingredients**

Organically grown hemp extracted CBD Oil, Beef Powder, Natural Bacon Flavor, Organic Sweet Potato Powder, Sunflower Lecithin (Non-GMO), Flaxseed Oil, Water, Dried Brewer’s Yeast, Glycerin, Gum Arabic, Sodium Alginate, Microcrystalline Cellulose, Citrus Pectin, Vitamin E, Calcium Sulfate Dehydrate (calcium salt), Sodium Propionate and Natural Tocopherols (Natural Preservatives), Dextrin (substance that makes the treats chewy).

1. **Are treats safe to give daily and continue for a long time?**

Yes. They are non-toxic and non-psychoactive. They are safe for extended use and beneficial for suffering animals.

1. **What is the serving size?**

Begin with 1 mg for every 10 lbs of body weight and increasing as needed up to 10 mg for every 10 lbs of body weight.

We base our serving size recommendations on what veterinary experts recommend, which is .25 mg/kg – 2 mg/kg. We encourage pet owners to increase as needed. Many animals with high anxiety or joint discomfort often require more than 1mg per every 10 lbs.

1. **Is it possible to have a treat overdose?**

Hemp poses no undue risk to the animal, so no over dosage.

1. **Can dog chews be given to healthy pets and puppies?**

Yes, according to servings.

1. **What is gum Arabic?**

Otherwise known as acacia, gum Arabic is sourced from the sap of the Acacia Senegal tree, rich in soluble fiber, and offers a number of health benefits. Acacia isn't gritty, doesn't thicken, and has a fairly mild taste.

1. **Understanding the ingredients better**

* Sodium Alginate: sodium salt form of alginic acid and gum
* Microcrystalline Cellulose: Here MCC is used as an anti-caking and bulking agent, properties that are lent to it by its insolubility in water.
* Citrus Pectin: Pectin is a carbohydrate that is present in the skin of fruits and vegetables, in this case, citrus

**CBD Gummies**

1. **Why Choose CBD gummies?**

CBD gummies can be consumed for recreational, medical, social, or meaningful health and wellness purposes. The CBD in our gummies comes from hemp grown on American farms. Our raw materials are sourced from facilities that use sophisticated extraction technologies.

1. **How do CBD edibles work?**

When your liver absorbs cannabinoids like CBD, they may support a system of receptors in your body called the endocannabinoid system (ECS). Your ECS has receptors in your brain, lungs, spine, pancreas, spleen, colon, immune system, liver, and more. CBD edibles may help you maintain your ECS’s best performance.

1. **Do you conduct any tests?**

We conduct careful tests for pesticides, microbials, heavy metals, and more to make sure our gummies are made with quality ingredients. Our finished edibles are tested by external labs, and when you grab a pack or a bottle you can scan a QR code to review the resulting lab sheet.

1. **Are your gumdrops and chews vegan? Are your products gluten free and nut free?**

No, our gumdrops are not vegan, as they contain gelatin. Yes, they do not contain nuts or gluten.

1. **How many gummies per day?**

We recommend 1-2 gummies per day. Each gummy contains 10mg of CBD. Increase if necessary.

1. **Who can use hemp gummy bears?**

Anyone can use our convenient and tasty broad-spectrum CBD gummies.

1. **Is the CBD organic?**

Our CBD hemp oil is extracted from the absolute best organic hemp, which means that there are no harmful pesticides or harsh chemical fertilizers in our CBD oil. We extract our CBD with CO2 to ensure that no solvents are left behind in our organic CBD oil.

1. **What are the ingredients of CBD gummies?**

Organically grown hemp extracted CBD Oil, Corn Syrup, Refined Sugar, Pectin, Sodium Citrate, Glycerin Fatty Acid Ester, Lecithin, D-sorbitol Solution, Gelatin, Citric Acid, Natural Lemon Flavor, Natural Grape Flavor, Natural Orange Flavor, Safflower Lemon Extract, Violet (Beet) Color, Carotino Color, Lemon Concentrate, Red Grape Concentrate, Orange Juice Concentrate.

1. **Are CBD gummies suitable for kids?**

No. keep them out of the reach of children.

1. **Will CBD gummies get you high?**

Though CBD comes from the marijuana plant, it will not make you high, because it is a non-psychoactive chemical.

1. **How long will the benefit last?**

The benefits of CBD often last for 4-6 hours. Many people eat twice a day for a whole-day effect.

1. **How does CBD gummies help people psychologically?**

They reduce or even eliminate psychological stress such as anxiety and behavioral disorders, sleep disorders or depression, and contribute to the relaxation of body, mind and soul

1. **Microbial Analysis (bacteria)**

Total Aerobic Count < 2,000 cfu/g

Total yeast and mold < 200 cfu/g E.

Coli = Negative,

Salmonella = Negative

1. **Understanding the ingredients better**

* Pectin: Pectin is a naturally occurring substance found in berries, apples and other fruit. When heated together with sugar, it causes a thickening that is characteristic of gummies and jellies.
* Sodium Citrate: Sodium salt of citric acid
* Glycerin Fatty Acid Ester: Made from glycerin and plant oils/fats or their fatty acids. They are applied as an emulsifier, anti-tack agent and anti-bacterial agent.
* Lecithin: It is a type of fat, that is used to enable certain ingredients to bind and stick together that would usually repel each other.
* D-sorbitol Solution: A sweetening agent  that is widely used in formulating ‘low-calorie’ and ‘light’ food products.

**CBD Body Butter**

1. **How Is CBD cream different from CBD oil?**

CBD cream is only meant to be applied to the skin (topically).

CBD oil is only meant to be administered under the tongue (sublingually).

1. **How does it vary from cosmetic creams?**

Many cosmetic creams can dry or irritate sensitive skin. Our butter contains a lot of natural additives that are aimed at maintaining the moisture level.

1. **Are there any side effects of CBD cream?**

There are no inherent side effects of CBD cream. If you have very sensitive skin, you may be allergic to some of the ingredients, like olive oil, beeswax, or vitamin E oil. If you do feel burning sensation or get a rash or redness, use cool water to remove the product and discontinue use.

1. **What happens if I ingest CBD cream?**

CBD ingested into your body (either eaten, smoked, or administered sublingually) can cause:

Dry mouth

A reduction in your liver’s ability to process other pharmaceuticals

*If you have severe allergies, do consult a doctor immediately.*

1. **Can people with sensitive skin use CBD cream?**

Because of its anti-inflammatory agents, CBD oil might be an excellent choice for those with sensitive skin.

1. **Where should I apply CBD cream?**

* Shoulders
* Neck
* Wrists
* Temples
* Elbows
* Knees
* Soles of your feet

Avoid getting the cream in eyes, mouth and nose.

1. **Do I need prior preparation before applying?**

If there’s dirt, sweat, and dead cells on the surface of your skin, they’ll get in the way of the CBD molecules and prevent them from reaching the source of the pain and tightness.

You can ensure that all the cannabinoids reach their target by cleaning the area with warm water before applying the cream.

1. **How should I massage?**

Squeeze, scoop, or dab a dose of the CBD cream into your hand or onto your skin. Rub in a circular motion to create heat and then gently massage the skin and muscles to bring blood to the area. This body butter is meant to be enjoyed. Slather it on after bathing or showering for a rich, calming experience.

1. **Do I need to wash my hands after applying the topical?**

When you’re finished applying the CBD cream, be sure to wash your hands with soap and warm water.

1. **Key ingredients**

Hemp Extract CBD, Deionized Water, Safflower Oil, Cocoa Butter, Glycerin, Stearic Acid, Shea Butter, Cetyl Alcohol, Glyceryl Stearate, PEG-100 Stearate, Dimethicone, Allantoin, Pro-Vitamin B5, Aloe Vera Extract, Organic Marigold Extract, Organic Chamomile Extract, Cucumber Extract, Lavender Extract, Rice Bran Extract, Rosemary Extract, Sunflower Extract, Tocopherols, Carbomer, Triethanolamine, Phenoxyethanol (preservative), Butylene Glycol, Caprylyl Glycol, Hexylene Glycol (preservative, skin conditioning agents), Ethylhexylglycerin.

1. **Is CBD body butter aromatic?**

The body butter’s alluring scent is derived from a blend of the finest essential oils, all intentionally selected for their distinct healing and grounding properties. When they fuse together they provide a tantalizing, but balanced aroma.

1. **Understanding the ingredients better**

* Stearic Acid: Vegetable based fatty acid used as a fragrance ingredient, surfactant and emulsifier.
* Glyceryl Stearate: Acts as a lubricant on the skin's surface, which gives the skin a soft and smooth appearance.
* PEG-100 Stearate: Cleans the skin and hair by helping water to mix with oil and dirt so that they can be rinsed away.
* Dimethicone: Anti-caking agent, Emulsion stabilizer, Film former (forms a thin coating on skin)
* Allantoin: functions as a skin-conditioning and skin-protectant agent
* Pro-Vitamin B5: This acid has natural moisturizing, soothing, healing and regenerating properties.
* Tocopherols: Skin conditioning agent
* Carbomer: Help to distribute or suspend an insoluble solid in a liquid. Carbomers are used to control the consistency and flow of body butter.
* Triethanolamine: These are clear, colorless, thick liquids with ammonia-like odors. They are also used to control the pH of bene body cream.
* Ethylhexylglycerin: Deo agent, emulsion stabilizer, skin conditioning agent

**CBD Coffee**

1. **What is the process of mingling CBD with coffee?**

There are two procedures. One is CBD oil infusion. Just pour a few drops of CBD oil into your coffee. The other method is binding the CBD with the natural oils from the coffee beans themselves.

1. **CBD coffee with certified hemp extracts**

Our commitment to quality begins at hand-selected American hemp farms that provide the plants for our raw materials. Our raw materials from facilities that use cutting-edge extraction methods. We conduct tests on our raw materials for heavy metals, pesticides, microbials, and more to make sure we’re using the best possible ingredients.

Upon formulation of our CBD coffee, we let an external lab test them for quality again.

1. **How does CBD mingle with the caffeine in your coffee?**

Caffeine is also oil-soluble. This means that when we add the CBD oil into the coffee, some of the caffeine from the beans absorb directly into the CBD oil.

1. **Why choose coffee for CBD infusion?**

We infuse CBD into coffee because we find the two components to be perfectly synergetic. The goal is to craft a truly unique concoction in which the benefits of both CBD and coffee come together to enhance the experience of our product.

1. **Is CBD coffee good for you?**

CBD infused coffee is replacing regular coffee. Consumers claim that it is the right balance between a caffeine hit and bringing you that soothing and calm feeling.

CBD coffee drinkers have also said that it helps with anxiety, makes you calm, and overall, it is a great stress reliever.

1. **Does CBD coffee have any side effects?**

Consuming CBD coffee will not have any adverse effects.

1. **How much CBD is in a cup of CBD infused coffee?**

An average cup of our infused coffee, if brewed according to instructions with 10 grams of coffee per 6-8 ounces of water, yields about 10 mg of CBD.

1. **Does the CBD get diminished from the boiling water?**

In actuality, the hot water is required to release the CBD from the bean. This is why we don’t recommend using a cold brew. Using water just off the boil, 195-200 degrees, to brew your coffee is optimal.

1. **How long do the beans last?**

We recommend using the coffee within six months. However, we’ve used coffee that we infused over 15 months prior and it was shockingly good.

1. **Drinking tips**

* Always use clean, pure, filtered water for best results. .
* We recommend using a FRENCH PRESS for best results.
* If you really want your coffee to be the best, the water temperature should be 195°F. Powder-grind your coffee, add it directly to your cup, and pour the hot water straight in.

1. **Key ingredients**

Coffee Beans, Organically grown hemp extracted CBD Oil, MCT Oil (natural fatty acid extracted from coconut, palm oil)

1. **What are the available flavors**

Natural, raspberry crème, Irish cream, caramel.

**CBD Chocolate**

1. **How Is CBD chocolate made?**

In its purest form, CBD chocolate is easy to make. It’s just a matter of melting down chocolate, stirring in fat and adding in CBD oil. But we use organic essential oils and organic flavors.

1. **Will oil and chocolate cause indigestion?**

On the contrary, CBD dark chocolate is an excellent prebiotic food for the bacteria in your gut and will not cause indigestion.

1. **What’s the right serving to take?**

We recommend starting with one chocolate. With 20 mg CBD per square, this allows you to enjoy your chocolate and get the benefits of calming CBD.

Some people prefer taking multiple chocolates at once while others prefer a single chocolate at a time.

1. **Is this safe for children?**

No. Keep out of the reach of children.

1. **Will I start feeling it right away?**

Ingesting any CBD product generally takes at least 20 minutes to start affecting you.

1. **Can I eat too much?**

At this time studies have not shown negative side effects of high dosage of CBD. However, we suggest eating just what you need to be comfortable.

1. **Does it change the taste of the chocolate?**

No, CBD isolate is flavorless and odorless.

1. **Why should I let the chocolate melt in my mouth?**

It is the quickest way to absorb the CBD into the bloodstream. The membranes under your tongue are the thinnest and most absorbent in your body.

1. **Why chocolate and CBD?**

Cacao is the base ingredient for all dark chocolate. The theobromine and caffeine content in cacao increase circulation. So raw chocolate is the perfect medium for something like CBD. Cacao also is rich with powerful antioxidants and endorphin-boosting compounds like PEA and anandamide – both of which have an uplifting affect on the mood.

1. **Can I take it if I’m on any medication?**

We encourage you to do research and talk to your doctor.

1. **Can I ingest CBD while pregnant or nursing?**

The use of Hemp CBD is not in and of itself contraindicated by pregnancy, however, each situation is different, and you should always consult with your doctor or qualified health care professional

1. **Key Ingredients:**

Organically grown hemp extracted CBD, Sugar, vegetable fat, cocoa powder processed with alkali (basic ionic salt) , cocoa powder, nonfat dry milk, whey powder, lactose, soy lecithin (food additive found in dietary supplements, ice cream and dairy products).

1. **What flavors are available?**

* Mint
* Raspberry
* Tangerine
* Blueberry

1. **Should I be worried about allergens?**

These may or may not contain or come in contact with milk products, lactose, soy proteins, soy oil, vanillan, walnuts, pecan nuts, cashew nuts, pistachio nuts, brazil nuts, macadamia nuts, chest nuts, pine nuts, hickory nuts and coconut.

**CBD and Curcumin**

1. **What is Curcumin?**

Curcumin is the main active ingredient in turmeric. It has powerful anti-inflammatory effects and is a very strong antioxidant.

1. **Why Curcumin (Turmeric) and CBD?**

Both turmeric and CBD work together to support your body from harmful free radicals.

CBD and Curcumin in water-soluble nano-sized droplets helps in maximizing absorption into the body.

1. **How do CBD capsules work?**

When you ingest these capsules, your liver absorbs the CBD molecules they contain, which creates an extended release of CBD throughout your system over a longer period of time than other CBD delivery systems. ECS performs homeostasis, a balanced equilibrium in your body’s systems crucial for overall well-being.

1. **Why choose CBD capsules?**

Our commitment to delivering transparent, high-quality products makes our capsules the CBD brand of choice. CBD capsules are one of the simplest and quickest methods. CBD capsules resemble vitamins or supplements and can be taken with a glass of water and you get instant results.

1. **Are your gel capsules vegan?**

No, they contain gelatin in the shell of the gel capsule.

1. **Do your products contain any additives or animal-derived ingredients?**

Our products are formulated without:

* Formaldehyde: natural substance produced by every living organism
* Parabens: food preservative
* Phthalates: used as an additive plasticizer
* Synthetic Dyes
* Sulfates
* Propylene Glycol
* Mineral Oil
* Animal-Derived Ingredients
* Alcohol

1. **Key features**

* Anti-inflammatory
* Travel friendly
* Effective
* Pure
* Potent

1. **Benefits**

Ideal for travelers, easy to dose and use, ideal for anxiety, pain, inflammation. This powerful combination can provide relief from everyday discomfort.

These soft gels are a higher concentration of the healing benefits of CBD than our Balance tinctures.

1. **Ingredients**

* Organically grown hemp extracted CBD Oil,
* Curcumin,
* Naturally Present Terpenes (constituents of essential oils),
* Polysorbate Emulsifiers (Natural mild, non-ionic surfactants),
* Medium Chain Triglycerides (MCT) Oil,
* Beta Caryophyllene (non-steroidal anti-inflammatory compound)
* Gelatin Shell: Gelatin, Glycerin, Sorbitol, and Water.

1. **How to use**

Take (1-2) capsules daily as needed. Start before a meal, then adjust dosage as needed.

1. **Contaminant Analysis**

Heavy Metals: Not Detected (ND)

Lead, Arsenic, Residual Solvents: ND

Product Life 18-Month Shelf Life

**CBD Body Matrix**

1. **Does CBD help atheletes?**

CBD is a powerful anti-inflammatory and has loads of medicinal and therapeutic benefits that can help athletes of all types.

1. **Are the CBD capsules anti inflammatory?**

Yes, they are. Athletes are no stranger to inflammation, and often do whatever it takes to reduce inflammation and speed recovery times. CBD capsules can lower exercise induced inflammation responses, and help get you back up and running faster, fully recovered.

1. **Why CBD instead of general pain tablets?**

CBD is all natural and organic. In addition to reducing inflammation, CBD helps fight pain, even chronic pain. CBD is even safe to use during competition, and presents no risk of causing hypothermia during endurance events.

1. **How does CBD capsule help athletes focus?**

If you ever get race day jitters, or just are stressed after a long hard day of work and need help focusing on your workout – CBD can help with that. CBD has been so effective for reducing stress and anxiety for some that they are ditching their prescription medications for this safer alternative.

1. **Do athletes need prescriptions to use CBD?**

CBD is effective without damaging side effects and you don’t need a prescription or to see a doctor for changing your dosage.

1. **Will this cause insomnia?**

No. In fact, better sleep is often one of the first benefits of CBD people notice when the start to take it.

1. **Does CBD help with nausea and gut issues?**

CBD interacts with our systems endocannabinoid system to help with gut issues, and serotonin receptors to help reduce nausea.

1. **Does this assist with weight loss?**

CBD helps people to suppress their appetite, burn fat more effectively and reduce the risk of obesity.

1. **How can CBD fit into your wellness routine from a food category?**

CBD is often used within a wide range of delicious recipes. Restaurants across the UK are beginning to offer CBD-infused food.

The cannabinoid can be incorporated into your recipes without having an impact on taste.

1. **How can CBD fit into your wellness routine from a drinks category?**

CBD can also be incorporated into your wellness routine via the drinks you consume throughout the day. Many people add CBD to their smoothies and shakes to get the best results.

1. **Supplements**

Vitamins and supplements are more popular than ever before. People call upon a wide range of vitamins, herbs, enzymes, amino acids and more to bring balance to their bodies are feel great.

A range of CBD capsules make it easy for those people to begin incorporating CBD into their routine.

1. **What are the minerals available in these capsules?**

Vitamin B6

Vitamin B12

Glutamine (important amino acid)